



SPHS Wrestling Schedule 2018-19

Date	Day	Location	Opponent/ Start Time
Nov 14	Wed	@	Stuart Cramer (Quad-match w/ Providence Day & Kings Mtn.)
Nov 17	Sat	@	Cherryville (Ironmen Open Tournament)
Nov 20-21	Tue-Wed	@	Ashbrook (Individual Tournament)
Nov 26	Mon	@	North Gaston (Tri-match w/ Bending Prep)
Nov 30	Fri	@	Ashbrook (Larry Carpenter Team Tournament)
Dec 7	Fri	@	RS Central (Team Tournament)
Dec 12	Wed	@	Kings Mountain (Quad-match)
Dec 15	Sat	@	Porter Ridge (Individual Tournament)
Dec 18	Tue	@	JM Robinson (Tri-match w/ Northwest Cabarrus)
Jan 4-5	Fri-Sat	@	Bearcat Invitational Tournament (Rock Hill, SC)
Jan 11	Fri	vs	Quad-match vs. Chase & East Gaston
Jan 18	Fri	@	East Rutherford
Jan 19	Sat	@	Kings Mountain (Team Tournament)
Jan 22	Tue	@	RS Central (Quad-match w/ RS Central & Shelby)
Jan 26	Sat	@	East Gaston (Conference Tournament)
Jan 29-Feb 2	Tue-Sat	@	Dual Team States
Feb 8-9	Fri-Sat	TBA	Individual Regional Tournament
Feb 14-16	Thu-Sat	TBA	Individual State Tournament

Head Coach: John Warren

Athletic Director: Kent Hyde

Principal: Gary Ford