



SPHS Wrestling Schedule 2019-20

Date	Day	Location	Opponent/ Start Time
Nov 20	Wed	@	Kings Mountain (Quad Match)
Nov 23	Sat	@	Cherryville (Ironmen Open Tournament)
Nov 26-27	Tue-Wed	@	West Lincoln (Tri-County Individual Tournament)
Dec 3	Tue	@	Stuart Cramer (Tri Match)
Dec 7	Fri	@	Ashbrook (Larry Carpenter Duals Team Tournament)
Dec 13	Fri	@	RS Central (Hilltopper Havoc Team Tournament)
Dec 17	Tue	vs.	Bessemer City (Dual-Match)
Dec 21	Sat	@	Porter Ridge (Pirate Invitational Individual Tournament)
Dec 28	Sat	@	Lincolnton (Reindeer Rumble Team Tournament)
Jan 3-4	Fri-Sat	@	Rock Hill, SC (Bearcat Individual Tournament)
Jan 7	Tue	@	East Rutherford (Conference Dual Match)/ 5:00pm
Jan 8	Wed	@	Bessemer City (Tri Match w/ Ashbrook)/ 5:00pm
Jan 10	Fri	vs.	RS Central (Conference Dual Match)/ 5:00pm
Jan 17	Fri	vs.	Chase (Conference Dual Match)/ 5:00pm
Jan 18	Sat	@	Kings Mountain (Mountaineer Duals Team Tournament)
Jan 21	Tue	@	Shelby (Conference Dual Match)/ 5:00pm
Jan 24	Fri	@	Burns (Conference Dual Match)/ 5:00pm
Jan 28	Tue	vs.	East Gaston, JM Robinson, East Rutherford (Quad Match)
Feb 1	Sat	@	East Rutherford (Conference Tournament)
Feb 3	Tue-	@	Dual Team States
Feb 14-15	Fri-Sat	TBA	Individual Regional Tournament
Feb 20-22	Thu-Sat	TBA	Individual State Tournament

Head Coach: John Warren

Athletic Director: Kent Hyde

Principal: Gary Ford