

# Ashbrook High School

## Directions for your Extracurricular Profile

Step 1: Create a **folder** in Google Drive and name it:  
Last name, First Name\_20YY Senior Information

Step 2: Create your Extracurricular Profile as a Google **document** and place it in your Senior Information Folder. Use the format below as you create your Extracurricular Profile. Name your Extracurricular Profile:  
Last name, First Name\_201YY Extracurricular Profile

Step 3: Share your Extracurricular Profile in Google Drive with your counselor:

cmstrumpell@gaston.k12.nc.us	Ms. Chelsea Strumpell	A-F
cmdoster@gaston.k12.nc.us	Mrs. Cortney Hubbard	G-N
sfroehlich@gaston.k12.nc.us	Mrs. Shannon Froehlich	O-Z
dtrice@gaston.k12.nc.us	Mr. David Rice	9 <sup>th</sup> Grade

Share your extracurricular profile, either in Google, by an email attachment, or a paper copy, with those who you ask to write a recommendation for you.

***Remember to update this document on a regular basis.***

**First Middle Last Name**  
**Street Address**  
**City, State Zip Code**  
**Phone Number** **Email Address**

**Ashbrook High School Extra Curricular Profile**  
**Class of 20YY**

**School Clubs and Organizations:** (Include school years participated and any leadership positions held) e.g.,  
Environmental Club: 9, 10, 11 - Secretary, 12 - President

**Honors and Awards:** (Usually just high school. If in doubt whether or not to include, include it.)  
Science Fair, 10, 1st place; National Honor Society 11, 12

**College Prep Programs:** (Summer Academic Programs, Leadership Conferences, etc.)  
UNC Chapel Hill Project Uplift Participant: 11

**Athletics:** (Include years participated and leadership positions held.)  
Baseball 9, 10, 11, 12 - Captain

**Volunteer & Community Involvement:** (Include years participated and leadership positions held)  
Boy Scouts - 6 years, Rank: Eagle

**Work Experience:** List employer and dates of employment