Counselor Message

Welcome to the 2019-20 school year! We’ve gotten off to a fabulous start. I am looking forward to another great year at Hawks Nest STEAM Academy.

The goal of the school counseling program is to address the cognitive, career and socio-emotional development of all students. Students are already participating in classroom guidance. Some students have participated in individual meetings. Small group counseling opportunities are forthcoming.

The school counseling program will continue to facilitate programming and initiatives, like school-wide service project and recognition days as well. Your Ideas/feedback are welcomed.

Character Education

“We’re Soaring with Good Character”

The character trait of the month is Responsibility. Responsibility means taking care of your duties; answering for your actions; being accountable and trustworthy.

**HOW TO BE A RESPONSIBLE PERSON**

*Do what you say you will do.  
*Answer for your own actions.  
*Take care of your own matters.  
*Be trustworthy.  
*Think things through/use good judgment  
*Don't put things off.

“Intelligence plus character- that is the goal of true education.”  
Dr. Martin L. King, Jr.

**You Can Use A Coping Skill...**

*Deep Breathing - take five Deep Breaths: in through Nose and out through your Mouth. Practice Breathing. When you Need it, it’ll be easier to do.