



Hawks Nest
STEAM
ACADEMY

School Counseling Program Newsletter

Shandrai Silva, School Counselor

September 2021

Counselor Message

Happy New School Year! I am looking forward to another great year at Hawks Nest. I hope you are!

The school counseling program continues to be committed to facilitating a comprehensive school counseling program where each student's experience at Hawks Nest STEAM Academy is an enjoyable one where they are becoming the best they can be academically and personally.

Through individual counseling, small group counseling and classroom presentations/.counseling, students will have an opportunity to learn more about themselves and others as we explore social-emotional skills, school success skills, life skills, character education and more. As a school, we will participate in a variety of school-wide activities and service projects. I can't wait to see the great things we'll accomplish together!

Your feedback and input are welcomed! Please feel free to reach out to me with any ideas you may have.

Here's to a great year together!

How to see the School Counselor

Classroom guidance classes every three weeks.
Small group counseling and individual counseling by self- referral, parent referral, teacher referral, administrator referral or counselor initiated. Contact school counselor, Shandrai Silva, at ssilva@gaston.k12.nc.us and/ or 704-866-8467.

Student Support Services @ the Nest

School Counselor: Shandrai Silva
School Social Worker: Diane Manning
School Nurse: Emily Neider

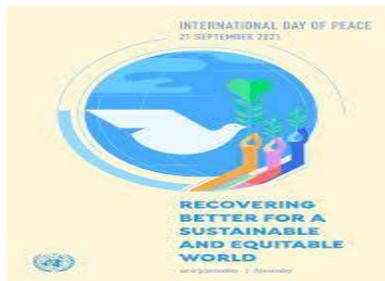


Home of the Hawks



International Dot Day

- *Wear Dots on Sept. 15th
- *Make Your Mark Service Project
Sept. 13th – Sept. 17th
Collecting personal care items for
Crisis Assistance Ministry



International Day of Peace
September 21st – Wear White



WEEK
September 20th – 24th

Teaching empathy and empowering students to end social isolation by following three easy steps.

See Someone Alone > Reach Out>
Start with Hello

Promoting Character Education “We’re Soaring with Good Character”

The character trait of the month is **Responsibility**. **Responsibility** means taking care of your duties; answering for your actions; being accountable and trustworthy.

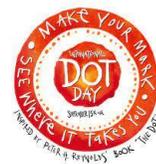


You Can Use

Key concepts and themes reviewed and introduced in classroom guidance at the start of each school year.

Bucket Fillers

A bucket filler is a loving, caring person who does or Says nice things. We will continue to focus on being Bucket Fillers at school, home and in our community while continuing to focus on filling our own buckets as we continue learning about self-care and strengthening social-emotional skills.



We explore what it means to “Make Your Mark” as we recognize International Dot Day. Students explore how they can make their mark by helping to make this world a better place... using their talents and gifts to change the world; goal-setting and pursuing dreams.

Introducing “THRIVE”

This year students will begin to explore what it means to “THRIVE”, making a connection to their growth and development academically, socially and emotionally. Some students have already shared in guidance what thriving means to them: to work hard, to not give up, to keep going, to work towards their goals.