



Hawks Nest STEAM ACADEMY

SCHOOL COUNSELING PROGRAM NEWSLETTER



SHANDRAI SILVA, SCHOOL COUNSELOR

APRIL 2024

COUNSELOR MESSAGE

Happy April! Well, we're in the last nine weeks of the 2023-2024 school year! I can hardly believe it!!

In March, students continued to explore college and careers. At the culmination of our lessons, we had another great Career Day! Students were able to learn more about careers, more specifically STEAM- related careers through interacting with Career Day participants. Career Day participants were informative and engaging. Thank you parents and community partners for your participation.

In classroom guidance, we also focused on character traits - honesty and integrity.

Small group counseling and individual meetings with students continued in March. Fifth grade students made middle school encore course selections.

In April, students will continue to participate in guidance classes and individual meetings. Our character trait this month is Perseverance, so some of our lessons will focus on resilience and perseverance. Third graders will participate in Play it Safe lessons.

Here's to a great Fourth Nine Weeks at the Nest!

HOW TO SEE THE SCHOOL COUNSELOR

Classroom guidance classes every two weeks.

Small group counseling and individual counseling by self-referral, parent referral, teacher referral, administrator referral or counselor initiated. Contact school counselor, Shandrai Silva, atsosilva@gaston.k12.nc.us and/or 704-866-8467.

PROMOTING CHARACTER EDUCATION "WE'RE SOARING WITH GOOD CHARACTER"

PERSEVERANCE

The character trait of the month is perseverance. Perseverance - Being persistent in the pursuit of worthy objectives in spite of difficulty, opposition, or discouragement; and exhibiting patience and having the fortitude to try again when confronted with delays, mistakes, or failures.



CLASS DOJO - PERSEVERANCE

[HTTPS://IDEAS.CLASSDOJO.COM/B/PERSEVERANCE](https://ideas.classdojo.com/b/perseverance)

Class Dojo and Stanford University's PERTS research center partner to Create a three episode video series and activities about perseverance. Link is above.



Protective Factors Increase Health & Wellness of Children



From Prevent Child Abuse of North Carolina

5 Protective Factors

- Parental Resilience
- Social & Emotional Competence
- Knowledge of Parenting & Child Development
- Social Connections
- Concrete Support

Read more at this link...

<https://www.preventchildabusenc.org/resource-hub/protective-factors/>

Student Support Services @ the Nest



School Counselor: Shandrai Silva
School Social Worker: Diane Manning
School Nurse: Lauren Smith



Hawks Nest STEAM Academy
Global Youth Service Day Project
FOOD PANTRY DRIVE
APRIL 22-29, 2024

In recognition of Global Youth Service Day, HNSA is collecting items to support the



ONE CAN MAKE A DIFFERENCE FOOD PANTRY