



# Hawks Nest STEAM ACADEMY

## SCHOOL COUNSELING PROGRAM NEWSLETTER



**SHANDRAI SILVA, SCHOOL COUNSELOR**

**DECEMBER 2023**

### COUNSELOR MESSAGE

Happy December! It's hard to believe the end of the second nine weeks is near. As we prepare for winter break, we're working hard to finish the first semester strong!

Here's a snapshot of school counseling program happenings in November. Students engaged in lessons and activities in classroom guidance about the character traits, kindness and compassion. We also started digital citizenship lessons. Small group counseling and individual meetings continue. Student Council members were elected and are ready to serve! We participated in a schoolwide service project in recognition of World Kindness Day. Together, we collected approximately 228 food items for the Alan Main Community Care Center.

Happy Holidays! Let's have another great month!



### HOW TO SEE THE SCHOOL COUNSELOR

Classroom guidance classes every two weeks. Small group counseling and individual counseling by self-referral, parent referral, teacher referral, administrator referral or counselor initiated.

Contact school counselor, Shandrai Silva, at [sosilva@gaston.k12.nc.us](mailto:sosilva@gaston.k12.nc.us) and/or 704-866-8467.

### Student Support Services @ the Nest



**School Counselor: Shandrai Silva**  
**School Social Worker: Diane Manning**  
**School Nurse: Lauren Smith**

### PROMOTING CHARACTER EDUCATION "WE'RE SOARING WITH GOOD CHARACTER"

#### COOPERATION

The character trait of the month is cooperation. Working together and helping others. Cooperation is about making sure we know how to be on a team or work in a group towards a common goal.



#### You Can Use

#### Cooperation Resources



#### Children's books about Cooperation

Looking for a list of children's books about cooperation? These books about cooperating with others are great for classroom lessons.



Student Council Meeting - December 14th @ 8:30 a.m.

\*Student Council Service Activity