

Gaston County Sports Physicals

Saturday, June 3, 2017

SCHOOL OFFICIALS INFORMATION

PRE-REGISTRATION PROCESS

Participants will use the modified NCHSAA Athletic Participation Form. This form:

- Includes waiver for participating physicians.
- Can be found on the Gaston County Schools Website.
- Will be delivered via email to all school Athletic Directors.
- Is the ONLY form used NO EXCEPTIONS.

PROCESS

- 1. Each student will obtain, fill out and return their physical forms to their school's Athletic Director or Designee.
- 2. Forms **MUST** be:
 - Legible
 - Undamaged (not folded or rolled up)
 - Have complete medical history
 - Signed by a parent or guardian
 - Signed by the student athlete
 - VERIFY NEXT YEARS (2017-2018) SCHOOL
- 3. Once the form has been inspected and collected the athlete will be considered pre-registered.

(DO NOT ACCEPT THE FORM IF THE ABOVE CONDITIONS ARE NOT MET)

- CaroMont Rehab & Sports Medicine will pick up the forms from each school on Thursday, June 1, 2017.
- Forms **WILL NOT** be picked up on Friday, June 2, 2017.
- 4. The athlete is expected to arrive 30 minutes before their school's assigned time.
 - Check-in at Pre-Registration Table when their school name is called.
 - Pick up their physical form and receive a green wristband.
 - They will be directed to the **PRE-REGISTERED** holding line.
 - These students will be seen promptly at their school's designated time.
- 5. Student athletes arriving at the wrong time will be placed in the general holding line. These athletes will be allowed through at staff discretion. Time slots **DO NOT** apply to these athletes.

NON-PRE-REGISTERED ATHLETES

To encourage **PRE-REGISTRATION** and reserve time slots for scheduled schools, students arriving extremely early or late:

- Will be directed to the general holding line, with no time slots.
- These athletes will be worked in as time allows, at staff discretion.
- The wait for this line will be much longer than the **PRE-REGISTERED** line.

OBTAINING A COPY OF THE PHYSICAL

The student athlete will not receive a copy of their physical when checking out. They will receive a form stating **PASS/FAIL** status. This form will also have:

- Instructions for follow-up if needed.
- Instructions for obtaining a parental copy of the physical.

CaroMont Health Staff will deliver a copy of **PASSED** physicals to each school's Athletic Director.

FEE - \$10

For more information, please contact Trent Hayes, LAT, ATC, CEAS at 980.329.6032 / trent.hayes@caromonthealth.org or Jarrett Friday, MA, ED, LAT, ATC, CSCS at 704.678.2012 / jarrett.friday@caromonthealth.org.



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Saturday, June 3, 2017

PARENT/STUDENT ATHLETE INFORMATION

FORMS

All participants are required to use the **modified North Carolina High School Athletic Association (NCHSAA)** form. The form can be found by visiting:

- Your School's Athletic Director or Front Office
- Gaston County Schools Website
- CaroMont Rehab & Sports Medicine

All athletes must have completed medical history and parental signature.

- The athlete **WILL NOT** receive a physical without parental signature.
- We are aware that some recreational and club teams require their own forms; however, the modified NCHSAA form will be the only form accepted and completed by the physicians. If your organization requires a specific form, please bring that form with you.

TIMES

Each Gaston County School has an assigned time slot to minimize your wait. Please arrive 30 minutes prior to your assigned time to sign in and collect your form.

- **PRE-REGISTERED STUDENTS** arriving at the designated time will sign in, receive a green wristband and be promptly started in the physical process. You **MUST** pre-register to reserve your school's time slot.
- NON PRE-REGISTERED STUDENTS will sign in and receive a red wristband. Students arriving outside of their school's designated time will be included in this group. These students will be worked in at staff discretion as space is available.

This event is NOT first-come, first-served, and will close promptly at NOON. Anyone arriving later than 10:15 a.m. will not be accepted.

PRE-REGISTRATION PROCESS

- To pre-register, all forms must be completed, signed and returned to your school or Athletic Director prior to the event.
- All forms will be collected from each school on Thursday, June 1.
- Pre-registration is important to speed the process and prevent delays.

VENUE

CaroMont Specialty Surgery 2511 Court Drive Gastonia, NC 28054

FEE - \$10

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