

Memorandum

TO: ALL MIDDLE AND SENIOR HIGH SCHOOL COACHES
FROM: CHAD DUNCAN, DIRECTOR OF ATHLETICS
GASTON COUNTY SCHOOLS
RE: COMPLIANCE WITH NOCSAE STANDARDS

Please distribute this information to each of your football players; have each player and parent sign the copy, and retain each copy in your files.

This is an attempt to make all players aware that fundamentals, coaching, and proper fitting equipment are important to their safety and enjoyment in playing football in the Gaston County Schools.

Do not use this helmet to butt, ram, or spear an opposing player. This is in violation of the football rules and such can result in severe head or neck injury, paralysis, or death to you and possible injury to your opponent. No helmet can prevent all head, or neck injuries, a player might receive while participating in football.

Serious head and neck injuries leading to death, permanent brain damage, or quadriplegia (extensive paralysis from injury to the spinal cord at neck level) occur each year in football. The toll is relatively small (less than one fatality for every spinal cord injury for every 100,000 players and an estimated one non-fatal severe brain and spinal cord injury for every 100,000 players) but persistent. They can not be completely prevented due to the tremendous forces occasionally encountered in football collisions, but they can be minimized by manufacturer, coach, and player compliance with accepted safety standards.

SIGNED _____ DATE _____
(Player)

SIGNED _____ DATE _____
(Parent)

SIGNED _____ DATE _____
(Football Coach)

USA Football and Heads Up Football LLC are released parties.